



# Course Catalogue

Health & Safety, First Aid & Construction Training  
Provider



TOGETHER WE ACHIEVE MORE

# MISSION & VALUES



**Sarah Raeburn**  
Director

## CREATING SUCCESS THROUGH LEARNING

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**Flexible**

**Safety**

**Passion**

**Quality**

**Community**

**Respect**

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**AT RAEburn TRAINING WE WORK IN PARTNERSHIP WITH CANDIDATES, BUSINESSES AND ORGANISATIONS IN SCOTLAND, TO DELIVER COURSES ON A RANGE OF TOPICS.**

Having run a business for many years, we found it difficult to find the right training, at the right time, in the right location. Raeburn Training was created to deliver a customer focused training service, finding solutions for our clients.

We really do put the client first in sourcing a training solution, whether it is one of our internal courses, or working with our network of instructors and other training providers.

We deliver courses in many areas, including Health and Safety, first aid, plant operations, access equipment, CSCS training/ testing and CPCs testing.

We also support clients with a range of services including training plan management, support to attain CITB Skills & Training funding and Health and Safety support and site inspections.

If there is a course you need that isn't listed, let us know and we would be delighted to source a solution.

**TOGETHER WE ACHIEVE MORE**

# CSCS TRAINING & TESTING

## CSCS / CPCS TESTING & GREEN LABOURER CARD TRAINING

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Raeburn Training are an approved CITB test centre. The CSCS training we offer primarily focuses on candidates looking to gain their CSCS green labourer card, but we can accommodate touchscreen test for all levels of CSCS card. We also offer training and testing for those looking to gain or renew a CPCS Card.

The first step to gaining your CSCS labourer card is completing a health and safety course. We offer the CITB Health and Safety Awareness Course and the REHIS Elementary Health and Safety, which are both approved routes for gaining a green labourer CSCS card. CSCS Touch Screen Tests are then run daily at our internet test centre in Kirkcaldy Fife.

### REHIS ELEMENTARY HEALTH AND SAFETY

#### 1-Day course

Designed to provide a general overview of Health and Safety in the workplace across all industries. Approved course for the CSCS Green Labourers Card.

### HEALTH AND SAFETY AWARENESS (HSA)

#### 1-Day course

This CITB SSP course is designed to provide a general overview of Health and Safety in the construction industry. Approved course for the CSCS Green Labourers Card.

### PREPARE FOR YOUR CSCS TEST

#### 1/2 day course

Tutor led course to prepare candidate to prepare for their CSCS Touch Screen test.

### HEALTH, SAFETY & ENVIRONMENT TOUCH SCREEN TEST

#### 45-minute test

Known as the CSCS test, this is an invigilated, computer based test that when passed, gains candidates their CSCS Card – a requirement to work on many sites. If you complete your health & safety training and CSCS test with us, we can also apply for your card. Get in touch with the team for more details.

# FIRST AID COURSES



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## 1

### **EMERGENCY FIRST AID AT WORK** **1-DAY COURSE**

The purpose of this course is to provide learners with the skills and knowledge needed to deal with a range of emergency first aid situations, normally found in a lower risk environment.

Courses are held at our training centre in Kirkcaldy, or delivered to groups at your location.

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## 2

### **FIRST AID AT WORK** **3-DAY COURSE**

First Aid at Work will give learners the skills and knowledge required to deal with a range of first aid situations. This includes: assessing an incident, managing an unresponsive casualty and CPR.

Courses are held at our training centre in Kirkcaldy, or delivered to groups at your location.

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## 3

### **MENTAL HEALTH FIRST AID** **2-DAY COURSE**

This is a regulated and nationally recognised qualification, specifically designed to raise awareness of mental health, and develop an understanding of how to support, reassure and signpost fellow colleagues to professional support.

Courses are held in central Fife or delivered to groups at your location.

# GENERAL HEALTH & SAFETY

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Our course offering for general health and safety is vast, covering topics across different industries and roles within an organisation. Our most popular courses are listed however, our offering goes far beyond this. get in touch to discuss your requirements.

**ABRASIVE WHEELS AWARENESS**

**ABRASIVE WHEELS AWARENESS WITH PRACTICAL**

**ASBESTOS AWARENESS**

**CAT & GENNY**

**CONFINED SPACES**

**COSHH**

**FIRE WARDEN**

**FOOD HYGIENE**

**HAV'S AWARENESS**

**MANUAL HANDLING**

**QUALITATIVE FACE FIT TESTING**

**SPILL RESPONDER**

**WORKING AT HEIGHT**



Several of our general health & safety courses are also available as online e-learning courses. Online courses can either be delivered from our internet test centre in Kirkcaldy supported by our team, or delivered remotely from your premises or at the learner's location.

# SPECIALIST HEALTH & SAFETY

WE OFFER TRAINING ACROSS LEVELS OF  
SITE SAFETY PLUS AND IOSH SCHEMES

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## SITE SAFETY PLUS

Site Safety Plus (SSP) courses are designed to give everyone, from operative to senior manager, the skills they need to progress through the industry.

We offer the courses below as in-house sessions, and can also source solutions through trusted third party providers.

**Site Management Safety Training Scheme (SMSTS)**

**Site Supervisor Safety Training Scheme (SSSTS)**

2-Day refresher courses also available to individuals who already hold a valid SMSTS/SSSTS qualification.

## IOSH

Suitable for all industries, the IOSH health and safety courses are an internationally recognised qualification. We provide training in the three most popular courses:

**Managing Safely**  
**Supervising Safely**  
**Working Safely**

Available course dates are listed on our website, or get in touch for more details about a closed course for your business.



# PLANT TRAINING & ACCESS EQUIPMENT

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**USING OUR IN-HOUSE INSTRUCTORS, AND TRUSTED THIRD-PARTY PROVIDERS, WE CAN DELIVER OR SOURCE THE PLANT OR ACCESS EQUIPMENT TRAINING YOU NEED.**



## **NPORS**

NPORS are one of the UK's leading accreditation and registration bodies. At Raeburn Training, we offer over 70 different NPORS categories for construction plant training, using our in-house instructors as well as carefully selected third party providers.



## **CPCS**

CPCS training scheme provides proof of the skills and abilities of plant operators. It is based on a mix of professional competence, experience on site and Health and Safety awareness. Get in touch to discuss the specific training you require.



## **ACCESS EQUIPMENT**

We work with carefully chosen training partners to offer this specialist training to our clients. Courses are available throughout Fife and Central Scotland and covers all International Powered Access Federation (IPAF) and PASMA qualifications.

# CLIENT SERVICES

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**AS WELL AS TRAINING, WE OFFER A NUMBER OF SERVICES WHICH LOOK TO BUILD ON YOUR ORGANISATIONS EXISTING TRAINING PLANS AND RISK ASSESSMENTS.**

## **RISK ASSESSMENT**

PLAN, DO, CHECK, ACT. A key element of the management of health & safety in the workplace is a regular review of existing policies and performance.

We have several services available to businesses looking for additional support with their Health and Safety including;

Health & Safety Audits  
Health & Safety Inspections  
Risk Assessment and Emergency Procedures

## **TRAINING PLAN MANAGEMENT**

Take the admin out of your training! We will manage your training plan for you, providing Training Needs Analysis & Solutions, with regular updates on your training matrix. We will also coordinate your CITB grant applications, process starters and leavers and provide financial forecasting of your training

Fees starting from £35pm depending on headcount / support level required

## **CITB SKILLS & TRAINING FUND**

The CITB Skills and Training fund enables medium-sized construction companies, with up to 250 directly-employed staff, to improve their training programmes. Applying for the CITB Skills and Training fund is often an intensive, time consuming job for organisations. Get in touch for a free consultation, to see how we can help you with your application for CITB funding.



## **CONTACT US**

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